

# Welcome to the Health Net® Fitness Network

## Administered by WellQuest, Inc.

### MEMBERSHIP ADVANTAGES

#### Convenience.

WellQuest provides you and your family with access to an extensive network of high-quality fitness centers. Your membership grants you unlimited access to your primary club. In addition, you may use any other network club up to four visits each month per club, for a maximum of 16 visits per year per club at no extra charge.

#### Affordability.

Enroll in the network for a one-time registration fee of only \$40 for yourself and \$20 for each additional family member. The WellQuest monthly rate represents savings of up to 30 percent below rates available to the general public. Membership includes full access to all cardiovascular and weight-training equipment, aerobic classes and swimming areas.

#### Quality service.

You'll receive a comprehensive fitness evaluation and orientation. This gives the fitness instructor the opportunity to assess you and familiarize you with the various types of equipment.

### MEMBERSHIP CONDITIONS

You or a family member must be enrolled in Health Net.

Membership is a minimum of three months, with an automatic monthly renewal after the initial term. You may cancel at any time, for any reason, after the initial term. A 30-day cancellation notice is required.

The membership dues are paid monthly to WellQuest and are based on the rate of the primary facility you select. You may switch to another primary facility at any time after the term by notifying WellQuest.

### ENROLLMENT PROCEDURE\*

1. Please do not enroll directly with the clubs. Your special rates are only available through WellQuest. If you have any questions, please call WellQuest at (800) 595-8448.
2. Select your primary facility from the numerous clubs listed. Your membership includes reciprocal privileges to all network clubs.
3. Complete the attached membership application, enclose your enrollment fee and first month's dues, detach and mail to WellQuest.

\*Be sure to consult your physician before beginning any fitness program.



# Club Nomination Form

Don't see your club on our list?

Our network of participating facilities is expanding every day. For the most up-to-date listing visit our web site at [www.wellquestonline.com](http://www.wellquestonline.com) or call WellQuest at (800) 595-8448.

To suggest a club for inclusion in our network, please provide us with the following information:

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Club Name

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Address

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City

State

Zip

County

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Contact Name

Phone

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Nominated By

Phone

Fax

E-Mail Address

**Please fax this form to WellQuest at (212) 421-3112 or mail to:**

WellQuest, Inc.  
555 Madison Avenue  
17th Floor  
New York, NY 10022  
[www.wellquestonline.com](http://www.wellquestonline.com)



**Health Net**<sup>®</sup>  
Formerly PHS Health Plans